

INITIATIVES & INTEGRATED LEARNING

- [Foundations for a Healthy School](#)
- [Social Emotional Learning Skills](#)
- [A. Literacy Connections and Applications: Transferable Skills](#)

MATERIALS

- Chart paper
- Markers
- Paper
- Optional Materials for the Action Activity:
 - Drawing utensils: pencil, pencil crayons, crayons, markers etc.
 - Computer
 - Music

ACTIVITY NAME:

WINTER IS A TIME TO GET OUTSIDE!

LEAD UP TO:

**Alpine Skiing/
Snowboarding/Cross-
Country Skiing/Guided
Snowshoeing/Tubing**

DIVISION:

Junior Division

CURRICULUM CONNECTIONS



Ontario
Curriculum



Language

B. Foundations of Language

B2. Language Foundations for Reading and Writing: demonstrate an understanding of foundational language knowledge and skills and apply this understanding when reading and writing.

C. Comprehension: Understanding and Responding to Texts

C2. Comprehension Strategies: apply comprehension strategies before, during, and after reading, listening to, and viewing a variety of texts, including digital and media texts, by creators with diverse identities, perspectives, and experience, in order to understand and clarify the meaning of texts.

D. Composition: Expressing Ideas and Creating Texts

D3. Publishing, Presenting, and Reflecting: select suitable and effective media, techniques, and tools to publish and present final texts, and critically analyze how well the texts address various topics.

BEFORE YOU GO

Learning Goal

- Students will learn about a variety of winter activities and create an advertisement to demonstrate their learning.

Minds On Activity:

- As a class, co-create a list of outdoor winter activities that students have participated in, as well as activities they haven't participated in but want to learn more about. Ensure that the list is inclusive, considering activities with and without equipment, cost and accessibility. Consider having pictures prepared of some of the activities listed below.

Example of outdoor winter activities:

- *Playing in the snow (e.g. building a snow fort, making snow angels or snow people)*
- *Alpine skiing, adapted alpine skiing*
- *Hockey, sledge hockey*
- *Tobogganing or sledding, adapted tobogganing or sledding*
- *Hiking*
- *Skating*
- *Cross-country skiing*
- *Snowshoeing*
- *Snowboarding*
- *Ice fishing*

Action Activity

- Students will choose one winter activity from the co-created list in the Minds On activity.
- Provide students the opportunity to learn more about the winter activity they have chosen by accessing mediums such as the school library, educational websites, etc.
- Students will be creating a persuasive advertisement to invite people to try their chosen winter activity. Their advertisement can be in any form of media, such as:
 - *Song or jingle*
 - *Poem*
 - *Poster*
 - *Commercial*
 - *Social media post*
- Co-create the success criteria for the advertisement. Example success criteria may include:
 - *Providing the name of the winter activity.*
 - *Describing the winter activity.*
 - *Describing the equipment and/or materials needed to participate in the winter activity.*
 - *At least 3 reasons why their audience should try the winter activity.*

WHILE YOU ARE THERE

Schools on Snow Activity

- Students will experience one of four activities at a Schools on Snow resort: alpine skiing, snowboarding, cross-country skiing, snowshoeing or tubing. Resort staff will meet your class, walk students through rentals and equipment. Experienced instructors/guides will provide lessons and/or guide students through trails depending on the activity.

ONCE YOU GET BACK

Consolidation Activity

- Lead the class in a discussion about the Schools On Snow activity. Example teacher prompts:
- *Describe how you were feeling before participating in the winter activity at the Schools on Snow resort. What were you excited about? What were you unsure about?*
 - *Describe what was successful in the winter activity at the Schools on Snow resort. What made it fun and enjoyable?*
 - *Describe what was challenging in the winter activity at the Schools on Snow resort. What would you need to make it more enjoyable and/or successful for you the next time?*
 - *Would you recommend this winter activity to a peer? Describe why or why not?*

ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** Always stay in control. You must be able to stop or avoid people or objects.
- 2** People ahead or downhill of you have the right-of-way. You must avoid them.
- 3** Stop only where you are visible from above and do not restrict traffic.
- 4** Look uphill and avoid others before starting downhill or entering a trail.
- 5** You must prevent runaway equipment.
- 6** Read and obey all signs, warnings and hazard markings.
- 7** Keep off closed trails and out of closed areas.
- 8** You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
- 9** Do not use lifts or terrain when impaired by alcohol or drugs.
- 10** If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

Know the Code - It is Your Responsibility

CROSS COUNTRY RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** *Always check posted trail conditions.*
- 2** *Ski in indicated direction and obey all posted signs and warnings. Keep off closed trails.*
- 3** *Always ski to right when meeting on-coming skiers.*
- 4** *Yield the track to faster skiers and skiers calling 'track'.*
- 5** *Ski in control. On two-way trails descending skiers have the right-of-way.*
- 6** *Do not stop where you obstruct a trail or are not visible to others. Move off the track quickly if you fall or during rest stops.*
- 7** *Do not litter. Take out what you pack in. Respect all property.*
- 8** *Report all incidents.*

**Know the Code - Be Safety Conscious
It is Your Responsibility**